

### 3 Months Prior:

- ☐ Break in shoes
- ☐ Walk everyday
- ☐ Read prep guide
- ☐ Check passport
- ☐ Begin pre-trip curriculum

### 1 Month Prior:

- ☐ Buy supplies
- ☐ Finish pre-trip curriculum
- ☐ Start a journal

### 1 Week Prior:

- ☐ Begin packing
- ☐ Ask for prayer
- ☐ Share blog link

### GTI provides:

a backpack and hydration pack, a flashlight, a study guide, a journal and pen to record your thoughts, and a plug adapter with USB port.

\* Look for labels that say “dry fit” or “moisture-wicking” when purchasing socks, shirts, and shorts for the trip.

\* Keep a pack of disposable wipes, tissues, and hand sanitizer in your backpack.

\* Download the YouVersion app if you do not already have it for reading the Bible on tour.

\* Check with your tour coordinator to see if your specific itinerary requires hiking boots or if tennis shoes are adequate.

# GTI Tours

## PREPARATION GUIDE



### Packing List:

- ☐ Broken-in shoes or boots
- ☐ Appropriate apparel
- ☐ Quick-change “modesty kit”\*
- ☐ Hiking/athletic socks
- ☐ Casual shoes
- ☐ Hat/sunglasses
- ☐ Sunscreen
- ☐ Toiletries
- ☐ Hand sanitizer
- ☐ Laundry soap/pods
- ☐ Medications/vitamins
- ☐ Disposable wipes
- ☐ Small tissue packs
- ☐ Non-melting snacks
- ☐ Plastic baggies
- ☐ Water shoes\*
- ☐ Modest bathing suit\*



\*not all itineraries require these items

### Clothing & Laundry

We recommend packing enough clothing for 3-4 days and doing laundry at least once during your study tour. Laundry is best done at hotels where you will be staying 2+ nights. This allows you to wash clothes the first night and have adequate time for them to dry. Hotels also provide laundry service if you choose. Prices vary.

### Helpful Hint

Bringing a tote bag or drawstring bag to keep on the secure bus is a good idea. Store extra snacks, wipes, tissues, etc. and pull from it as needed while on tour.



### Passport

Your passport is the most important item for international travel! Please check it immediately to make sure it is current. The expiration date must be 6 MONTHS PAST the RETURN DATE of your trip.

If you need to get your first passport or renew your existing one, DO NOT DELAY. Turnaround time can take 3 months or more. Expediting is possible but will cost more with no guarantees.

Make a photocopy of your passport to keep in your luggage as an extra safety precaution should yours get lost.

### Travel Visas

Israel: no visa required

Turkey: no visa required

Egypt & Jordan: visa included in tour cost

\*If you are not a US citizen or are not arriving with the group, consult with your travel coordinator for visa requirements.



### Luggage

For an international flight on Turkish Airlines, each passenger is allowed one checked bag, one carry-on bag, and one personal item such as a purse or a backpack. The weight limit for the checked bag is 50 pounds for Economy Class and 70 pounds for Business Class. The weight limit for the carry-on bag is 17 pounds.

Read our online prep guide!

[gtitours.org/prepare](http://gtitours.org/prepare)

Want to know what a day on tour is like?

Visit [gtitours.org/typical-day](http://gtitours.org/typical-day)