

GTI Tours

PREPARATION GUIDE



3 Months Prior:

- Break in shoes
- Walk everyday
- Read prep guide
- Check passport
- Begin pre-trip curriculum

1 Month Prior:

- Buy supplies
- Finish pre-trip curriculum
- Start a journal

1 Week Prior:

- Begin packing
- Ask for prayer
- Share blog link

GTI provides:

a backpack and hydration pack, a flashlight, a study guide, a journal and pen to record your thoughts, and a plug adapter with USB port.

* Look for labels that say “dry fit” or “moisture-wicking” when purchasing socks, shirts, and shorts for the trip.

* Keep a pack of disposable wipes, tissues, and hand sanitizer in your backpack.

* Download the YouVersion app if you do not already have it for reading the Bible on tour.

* Check with your tour coordinator to see if your specific itinerary requires hiking boots or if tennis shoes are adequate.

Packing List:

- Broken-in shoes or boots
- Appropriate apparel
- Quick-change “modesty kit”*
- Hiking/athletic socks
- Casual shoes
- Hat/sunglasses
- Sunscreen
- Toiletries
- Hand sanitizer
- Laundry soap/pods
- Medications/vitamins
- Disposable wipes
- Small tissue packs
- Non-melting snacks
- Plastic baggies
- Water shoes*
- Modest bathing suit*



*not all itineraries require these items

Clothing & Laundry

We recommend packing enough clothing for 3-4 days and doing laundry at least once during your study tour. Laundry is best done at hotels where you will be staying 2+ nights. This allows you to wash clothes the first night and have adequate time for them to dry. Hotels also provide laundry service if you choose. Prices vary.

Helpful Hint

Bringing a tote bag or drawstring bag to keep on the secure bus is a good idea. Store extra snacks, wipes, tissues, etc. and pull from it as needed while on tour.



Passport

Your passport is the most important item for international travel! Please check it immediately to make sure it is current. The expiration date must be 6 MONTHS PAST the RETURN DATE of your trip.

If you need to get your first passport or renew your existing one, DO NOT DELAY. Turnaround time can take 3 months or more. Expediting is possible but will cost more with no guarantees.

Make a photocopy of your passport to keep in your luggage as an extra safety precaution should yours get lost.

Travel Visas

Israel: no visa required

Turkey: no visa required

Egypt & Jordan: visa included in tour cost

*If you are not a US citizen or are not arriving with the group, consult with your travel coordinator for visa requirements.



Luggage

For an international flight on Turkish Airlines, each passenger is allowed one checked bag, one carry-on bag, and one personal item such as a purse or a backpack. The weight limit for the checked bag is 50 pounds for Economy Class and 70 pounds for Business Class. The weight limit for the carry-on bag is 17 pounds.

Read our online prep guide!

gtitours.org/prepare

Want to know what a day on tour is like?

Visit gtitours.org/typical-day